



## CLOUD CITY MEDICAL IN LEADVILLE

*Colorado is the Only U.S. State  
that Lies Entirely above 1,000  
Meters of Elevation.*

*However, Visitors and Residents  
in Chaffee and Lake Counties  
Colorado, Share Living at  
between 7,500 and 14,420 Feet  
of Altitude Above Sea Level*

*Cloud City Medical provides  
Around-the-Clock Oxygen  
Monitoring and Delivery Services  
to Chaffee and Lake Counties  
in Colorado*

*The Oxygen and Medical  
Equipment Pros of Cloud City  
Medical Fully-Understand the  
Unique Altitude-Related Issues of  
this Area and Serve as a Proven  
Resource to Discuss and  
Recommend CPAP & Oxygen  
Products and Services*



[www.cloudcitymedical.com](http://www.cloudcitymedical.com)

## Oxygen & Medical Equipment Outfitters in the Heart of the Rockies Since 2002

Without an Adequate Oxygen  
Supply, Even Moderate Altitude  
Exposure Can Bring On Physical  
Distress from Adjusting to Lower  
Oxygen Pressure

Most Cases of Altitude Sickness  
are Mild, But Some May Be Life  
Threatening and Lead to High  
Altitude Pulmonary Edema (HAPE)



Altitude Sickness is a Common  
Short-Term Ailment that Often  
Resolves Itself in Days to Weeks.

### HOWEVER...

- **SEEK MEDICAL ASSISTANCE**  
If Experiencing ANY High  
Altitude Sickness Symptoms
- A Local Physician or Hospital  
Should Be Contacted/Visited  
to Correctly Diagnose
- Oxygen Supplements Require  
a Doctor's Recommendation  
and Prescription

**(719) 486-2950**



331 US HWY 24 | Leadville, Colorado 80461

Business Hours: 9:00am - 5:00pm M-F

Serving Chaffee and Lake Counties

# HIGH ALTITUDE SICKNESS

Acute Mountain Sickness  
(AMS) Explained with  
**SYMPTOMS,  
DIAGNOSES, &  
TREATMENTS**



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## LIVING, WORKING, & PLAYING at ALTITUDE

*Altitude Sickness or Acute Mountain Sickness (AMS) is Caused By a Change in Altitude that Results in Low-Oxygen Levels*

*Altitude Sickness May Be Experienced One Time or Many Times Regardless of Physical Condition, Age or Past Exposures*



## Altitude Sickness SYMPTOMS

- ✓ Headaches
- ✓ Nausea/Vomiting
- ✓ Dizziness
- ✓ Lightheaded
- ✓ Insomnia
- ✓ Fatigue
- ✓ Disorientation
- ✓ Difficulty Breathing

## Acute Mountain Sickness (AMS) TREATMENTS

### REST

*Reduce Physical Activities*

### HYDRATION

*Drink Water and Avoid Caffeine and Alcohol*

### ASPIRIN/ACETAMINOPHEN

*Can Reduce Headaches*

### SUPPLEMENTAL OXYGEN\*

*A Fast, Easy, and Effective Way to Offset Low-Oxygen Levels Associated with AMS Symptoms*

*\* Prescription Required*



**AROUND-THE-CLOCK  
24/7/365**  
OXYGEN MONITORING  
& EMERGENCY DELIVERY

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